

Strider Club Championships

Official Rules

RED= 2018 changes

1. Strider members wishing to enter championship series must notify the Club Championship Program Manager before March 31 for all series. For new members joining the Club in the current year the deadline is June 30. Credit will be given for all races up to that time.

2. There will be three series, as posted below, with separate categories for men and women in each series. **Awards will be four deep in any age group with ten or more participants** and three deep in all others. Participants may win awards in one series only. In the case of a participant who qualifies for awards in more than one series they will win the award for the series in which they win the highest award. In the case of equal awards the award will be the series with the most points. In the case of equal points the award will be for the longer series. In a series where a runner is given an award in another series the remaining participants will move up in the awards standings. Ties unresolved by the above will be decided as follows:

- Head to head competition will be the primary value. For example, assume two participants each received 400 points. If they raced against each other, the person winning the most points/**and or lowest total time between them** will be awarded the first place.
- If they did not compete against one another the participant finishing best, e.g. 3 firsts vs. 2, will win.
- If that is equal the participants completing the most events in that series will be first.

3. Members wishing to register for the Championship Program should provide the following information in your email to the email address below:

1. Full name with middle initial.
2. Nicknames used on race entries.
3. Date of Birth. (Do not provide just your age group. It will be determined based on your age on 7/1.)
4. Home address.
5. Series you are entering. (You may enter all 3.)
6. Strider race or program you will volunteer for.
7. T-shirt size.
8. How did you find out about the program?
9. Let me know what Strider events you have completed in the current year.

Email to shoeboxx50@gmail.com

4. Every Strider member signing up for a series must volunteer to assist at a Strider event during the year. A list of the qualifying Strider volunteer opportunities is listed on the Annual Membership Form, which is posted on the Strider website at:
<http://www.badgerlandstriders.org/Join.htm>.

5. Runners will compete in the entire year under their age group, according to their age on July 1. This is a revision to previously printed rules, effective 6/15/2011.

6. Points for placing in your age group and series are awarded as follows:
1st - 100 pts

- 2nd - 80 pts
- 3rd - 60 pts
- 4th - 40 pts
- 5th - 30 pts
- 6th - 20 pts
- 7th - 10 pts

7. The race lineup for 2014 is:

Short Series (complete a minimum of 4 events)

- Sampson Stomp
- Cullen Run
- Brown Deer 5K
- Superun
- Firecracker 4
- Cudahy 5 mile
- TosaFest (On hiatus. Will be reinstated if the race resumes.)
- Al's Run
- Lakefront Discovery Run 5 Mile

Long Series (complete a minimum of 3 events)

- Indoor 20K
- South Shore Half Marathon
- Brown Deer 10K
- Ice Age Half Marathon
- Hartfest Half Marathon
- Cudahy 10 mile
- Strider Half Marathon
- Lakefront Marathon
- Lakefront Discovery Run

Ultra Series (complete a minimum of 2 events)

- John Dick 50K
- Ice Age 50 Mile
- BLS 24/12/6 Hour (Points based on most miles completed in any of the three events)
- Glacial Trail 50K (Please NOTE: 50K Only)